# A Guide for Successfully Completing the Group Short Term Disability Claim Form



Mutual of Omaha appreciates the opportunity to provide you with valuable income protection. We rely on the information you provide on this form to effectively determine if you qualify for group short-term disability benefits.

This guide provides information and instruction to help you successfully complete and submit the claim form. Please consult your employer/benefits administrator if you need assistance in providing information for the form.

#### IMPORTANT TIPS FOR PAPER COPY SUBMISSION

- Prior to submission, make sure you have provided all required information and answered all questions completely and accurately. If information is missing or cannot be read, the processing of your form will be delayed.
- The following guidelines provide valuable information to help you successfully complete the form.
- Please make a copy of the completed form for your records before submitting it to Mutual of Omaha / United of Omaha.

#### **SECTION 1: EMPLOYEE STATEMENT**

This section is to be completed by the Employee. Dates should include the month, date and year. In order to be considered complete, the form must be signed by you.

- Group ID Number for your Employer will consist of eight characters, beginning with "G000" and followed by four additional letters or numbers specific to your employer.
- Job Title is the title of your position held with the employer.
- The Hours Worked Per Week is the number of hours you worked per week for the employer.
- Height should be provided in feet and inches.
- Weight should be provided in pounds.
- Dominant Hand indicates whether you are primarily right or left-handed.
- Date of Disability is the first day you were absent from work because of the disabling condition.
- Date First Treated is the date you first sought medical care because of the disabling condition.
- Other income means money you are currently receiving or have applied to receive from any source in addition to your claim for disability benefits with Mutual of Omaha / United of Omaha.

## AUTHORIZATION TO DISCLOSE PERSONAL INFORMATION & AUTHORIZATION TO DISCLOSE HEALTH INFORMATION TO MY EMPLOYER

Both authorizations are to be completed by the employee. Dates should include the month, date and year. In order to be considered complete, the form must be signed by you or your legal representative.

- By signing the authorization, you are applying for shortterm disability benefits with Mutual of Omaha / United of Omaha and are agreeing to allow disclosure of personal information to the necessary parties for the purpose of claim processing.
- If the name associated with any of your medical records differs from the name provided on the form, provide any alternate names. This might occur in the event of a name change due to marriage or adoption.

#### **GUIDELINES FOR SECTION 2: EMPLOYER'S STATEMENT**

This section is to be completed by the Employer. Dates should include the month, date and year. In order to be considered complete, the form must be signed by the Employer.

- Group ID Number consists of eight characters, beginning with "G000" and followed by four additional letters or numbers.
- Date Covered Under This Plan indicates the date in which the Employee's coverage became effective.
- If the Employee is eligible for salary continuation/sick leave, this does not include Mutual of Omaha/United of Omaha short-term disability benefits, paid time off or vacation compensation.
- If claim is paid, indicate whether or not Mutual of Omaha is to withhold income tax from the benefit payment, and if so, how much. Minimum is \$88 per month.

## GUIDELINES FOR SECTION 3: ATTENDING PHYSICIAN'S STATEMENT

This section is to be completed by the Attending Physician. Dates should include the month, date and year. In order to be considered complete, the form must be signed by the Attending Physician.

#### REQUIRED FRAUD WARNINGS

Before completing the claim form, please read the Required Fraud Warnings listed on the following page.





#### PLEASE READ - STATE SPECIFIC WARNINGS APPLY TO THE RESIDENT OF SUCH STATE

- Fraud Warning: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.
- Arkansas/Kentucky/Louisiana/Maine/New
   Mexico/Ohio/Tennessee: Any person who, with
   intent to defraud or knowing that he/she is facilitating
   a fraud against an insurer, submits an application or
   files a claim containing a false or deceptive
   statement is guilty of insurance fraud.
- California: For your protection California law requires the following to appear on this form: Any person who knowlingely presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.
- Colorado: It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance, and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado division of insurance within the department of regulatory agencies.
- District of Columbia: It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits if false information materially related to a claim was provided by the applicant.
- Kansas: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties as determined by a court of law.

- Maryland/Rhode Island: Any person who knowingly and willfully presents a false or fraudulent claim for payment of a loss or benefit or who knowingly and willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.
- New Jersey: Any person who includes any false or misleading information on an application for insurance is subject to criminal and civil penalties.
- Oregon: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which may be crime and may subject such person to criminal and civil penalties.
- Puerto Rico: Any person who knowingly, and with intent to defraud or deceive any insurance company includes false information in an application for insurance or files, assists, or abets in the filing of a fraudulent claim to obtain payment of a loss or other benefits, or files more than one claim for the same loss or damage, may be guilty of a felony. Upon conviction, that person will be fined between \$5,000 and \$10,000, imprisoned for three (3) years or both. Aggravating or attenuating circumstances may result in the prison term being increased to five (5) years or reduced to two (2) years.
- Vermont: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claims containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto may be committing a fraudulent insurance act, which may be a crime and may subject such person to criminal and civil penalties.
- Virginia: Any person who, with the intent to defraud or knowing that he is facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement may have violated state law.

### **Short-Term Disability Claim Form**



Mutual of Omaha Insurance Company United of Omaha Life Insurance Company Group Insurance Claims Management Mutual of Omaha Plaza Omaha, NE 68175 – 0001 Phone 800-877-5176 Fax 402-997-1865

Current Employer's Name			Group ID Number Job Title			Hours Worked				
							Per Week			
Name										
			T			State				
Address			City	City			Zip			
(Area Code) Home Telephone Number			 (Area Code) Cellular Telephone Number			Social Security	Social Security Number			
Date of Birth	Height	Weight	Dominant Hand:	-	Male	Single	Widowed			
			Right Left		Female	Married	Divorced			
Date of Disability (	(1st Day Absent	)	Date First Treated	Date First Treated			Estimated return to work date			
N. C.II		<i>r</i>			• • • •	<u> </u>				
Nature of illness and when symptoms first appeared, or describe how and where accident occurred.										
Was the disability work related? Yes No Have you filed a Workers' Compensation claim? Yes No										
Was disability related to a motor vehicle accident or is another  Physician's Name										
third party liable? Yes No										
Other income you have filed for, are receiving, or are eligible for:										
		Amount	[	Date Clai	im Filed	Date Bene	efits Began			
Workers' Compensa	tion	\$								
State Disability \$										
Other \$										
		-								
Important Notice	: If you are age	60 or over, plea	ase contact your emplo	oyer with	in 31 days of dis	sability to preserve	your group life			
insurance convers		· •	, ,	,	,	, ,	, , ,			
Any person who knowingly and with intent to injure, defraud or deceive any insurer files a statement of claim or an application containing false, incomplete, or misleading information is guilty of a felony of the third degree.										
Employee's Sign	ature:					Date:				

#### **Authorization to Disclose Health Information to my Employer**

I authorize Mutual of Omaha Insurance Company and United of Omaha Life Insurance Company to disclose health information about me to my employer, and to my employer's broker. I understand that my employer, and its broker, will use this information to monitor and manage the disability benefits program provided under my Group Disability policy. I also understand that my employer and its broker will use the information solely for the purposes of auditing disability benefits paid, providing claims assistance, determining waiver or discontinuance of premium deductions, and coordinating with other subsidized salary continuance plans my employer may offer.

The health information that may be disclosed pursuant to this authorization includes such items as medical history, mental and physical condition, prescription drug records and alcohol or drug use.

I understand that I may refuse to sign this authorization. I realize that if I refuse to sign, my claim for benefits may not be paid.

This authorization is valid for 24 months from the date I sign it. I understand that I may revoke this authorization at any time. If I would like to revoke this authorization, I should send my revocation request to:

ATTN: Group Insurance Claims Management

Mutual of Omaha Insurance Company / United of Omaha Life Insurance Company

Mutual of Omaha Plaza

Omaha, NE 68175-0001

Or

Fax: 402-997-1865

I also understand that any revocation of this authorization will not affect any use or disclosure of health information that occurred prior to receipt of my revocation.

#### **Authorization to Disclose Personal Information**

Personal information includes medical history, mental and physical condition, prescription drug records, alcohol or drug use, financial and occupational information.

I authorize any physician, medical or dental practitioner, hospital, clinic, pharmacy benefit manager, other medical care facility, health maintenance organization, insurer, employer, consumer reporting agency and any other provider of medical or dental services to release records containing the personal information of:

Claimant/Patient Name:
I authorize personal information to be faxed or mailed to:
Fax: 402-997-1865
Group Insurance Claims Management Mutual of Omaha Insurance Company/United of Omaha Life Insurance Company Mutual of Omaha Plaza Omaha, NE 68175-0001
I understand that the personal information disclosed will be used by Mutual of Omaha Insurance Company and United of Omaha Life Insurance Company to evaluate my claim for disability benefit plan reimbursement and that if I refuse to sign this authorization my claim for benefits may not be paid.
I understand that if the person or entity to whom information is disclosed is not a health care provider or health plan subject to federal privacy regulations, such personal information may be re-disclosed without the protection of the federal privacy regulations.
I understand that this authorization will expire 24 months after the date signed.
I understand that I may revoke this authorization at any time by faxing or mailing a request to Mutual of Omaha Insurance Company and United of Omaha Life Insurance using the contact information provided above. If I revoke this authorization, it will not affect any use or disclosure of personal information that occurred prior to the receipt of my revocation.
I understand that I am entitled to receive a copy of this authorization and that a copy is as valid as the original.
Name(s) used for records (if different than the name below):
If Applicable: I am the legal representative of the claimant and I am authorized to grant permission on behalf of the claimant.
Printed name of Legal Representative: Signature of Legal Representative: Type of Legal Representative:

THIS AUTHORIZATION COMPLIES WITH HIPAA AND OTHER FEDERAL AND STATE LAWS

Company Name			G	Froup ID Nur	nber		Master Policy Number
Class No. or Descript		Division / Location No. or Description					
Address				State Zip		Zip	Email Address
Employee's Name:		1					
Weekly earnings as of (Please note: Benefit			 n received	.)	Numl	per of weekly	hours worked:
Was disability caused	d by employment?	Yes No		Has wo	orkers' co	mpensation o	claim been filed? Yes No
Does the employee of	ontribute toward t	he premium? Y	'es N	0			
If yes, what percent is	s paid by the empl	loyee? % Pi	re-tax	Post-tax	?		
Employee's payroll cl	assification (circle	one) Exempt _	Non-E	xempt S	Salaried _	Hourly	_ Union Non-Union Other
How was the employe	ee paid?						
Is this employee eligi	ble for salary cont	inuation / sick leave	e? Yes	S No	If yes, w	hat is the wee	ekly amount? \$
When do benefits beg	gin?	End	?				
Date of Hire:		D	ate Covere	ed Under Th	is Plan:		
Does Mutual of Omal	na cover the empl	oyee for group long	-term disa	bility? Y	es N	lo	
Does United of Omal	na Life Insurance (	Company cover the	employee	for group lif	e? Y	es No I	f so, please complete the following.
Name of employee's	beneficiary accord	ding to your records	s:			Relation	ship to employee:
Important Notice: Fo	or employees age	60 or over, refer to	the policy	provisions r	egarding	group life cor	ntinuation and conversion rights.
Please contact emplo	yee's direct super	rvisor and then circl	le the strer	ngth demand	l below w	hich best des	scribes the employee's job:
S – Seder	ntary 10 lbs. Ma						
	be require		sional lift/c	arry of small	articles.	Some occasi	onal walking or standing may
Circle L – Light	20 lbs. Ma	d. ximum lifting with fr	equent lift/	carry up to	10 lbs. A	job is light if le	onal walking or standing may ess lifting is involved but ush/pull on arm or leg controls.
	20 lbs. Ma significant	d. ximum lifting with fr	equent lift, done or if	carry up to done mostly	10 lbs. A / sitting b	job is light if le	ess lifting is involved but
Circle Cone L – Light	20 lbs. Ma significant um 50 lbs. Ma	d. ximum lifting with fr walking/standing is	requent lift, done or if requent lift,	carry up to done mostly	10 lbs. A sitting b 25 lbs.	job is light if le	ess lifting is involved but
Circle One L – Light  M – Medii  H – Heav	20 lbs. Ma significant um 50 lbs. Ma y 100 lbs. M	d. ximum lifting with fr walking/standing is ximum lifting with fr	requent lift, done or if requent lift, frequent lif	carry up to done mostly carry up to defice the following to define the following to define the following to define the following the following the following to define the following the	10 lbs. A / sitting b 25 lbs. 50 lbs.	job is light if le	ess lifting is involved but
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Circle One L – Light  M – Medii  H – Heav	20 lbs. Ma significant um 50 lbs. Ma y 100 lbs. M	d.  ximum lifting with fr walking/standing is ximum lifting with fr aximum lifting with	requent lift, done or if requent lift, frequent lif	carry up to done mostly carry up to defice the following to define the following to define the following to define the following the following the following to define the following the	10 lbs. A / sitting b 25 lbs. 50 lbs.	job is light if le	ess lifting is involved but ush/pull on arm or leg controls.
Circle One  M – Medii H – Heavy V – Very Heavy	20 lbs. Ma significant 50 lbs. Ma 100 lbs. M Over 100 l	d. ximum lifting with fr walking/standing is ximum lifting with fr aximum lifting with bs. Lifting with free	requent lift. done or if requent lift. frequent lift quent lift/ca	carry up to done mostly carry up to 2 ft/carry up to arry over 50	10 lbs. A / sitting b 25 lbs. 50 lbs.	job is light if lout requires po	ess lifting is involved but ush/pull on arm or leg controls.
Circle One  M - Medin H - Heavy V - Very Heavy  Employee's Job Title  What was the employ	20 lbs. Ma significant um 50 lbs. Ma y 100 lbs. M Over 100 l	d.  ximum lifting with fr walking/standing is ximum lifting with fr aximum lifting with bs. Lifting with frec  status on the first o	requent lift. done or if requent lift. frequent lift/ca	carry up to done mostly done mostly dearry up to 2 ft/carry up to arry over 50	10 lbs. A y sitting b 25 lbs. 50 lbs. lbs.	job is light if lout requires po	ess lifting is involved but ush/pull on arm or leg controls.
Circle One L - Light  M - Medii H - Heavy V - Very Heavy  Employee's Job Title	20 lbs. Ma significant um 50 lbs. Ma y 100 lbs. M Over 100 l	d.  ximum lifting with fr walking/standing is ximum lifting with fr aximum lifting with bs. Lifting with frec  status on the first o	requent lift. done or if requent lift. frequent lift/ca	/carry up to /done mostly /carry up to /carry up to arry over 50	10 lbs. A y sitting b 25 lbs. 50 lbs. lbs.	job is light if lout requires po	ess lifting is involved but ush/pull on arm or leg controls.
Circle One  M - Medin H - Heavy V - Very Heavy  Employee's Job Title  What was the employ	20 lbs. Ma significant um 50 lbs. Ma y 100 lbs. M Over 100 l	d.  ximum lifting with fr walking/standing is ximum lifting with fr aximum lifting with bs. Lifting with frec  status on the first o	requent lift. done or if requent lift. frequent lift/ca	/carry up to /done mostly /carry up to 2 /carry up to 2 /carry over 50 /carry ove	10 lbs. A y sitting b 25 lbs. 50 lbs. lbs. employe	job is light if lout requires por Last Day	ess lifting is involved but ush/pull on arm or leg controls.
Circle One  M - Medin H - Heavy V - Very Heavy  Employee's Job Title  What was the employ	20 lbs. Ma significant um 50 lbs. Ma y 100 lbs. M Over 100 l	d.  ximum lifting with fr walking/standing is ximum lifting with fr aximum lifting with bs. Lifting with free  status on the first of	requent lift. done or if requent lift. frequent lift/ca	/carry up to /done mostly /carry up to 2 /carry up to 2 /carry over 50 /carry ove	10 lbs. A y sitting b 25 lbs. 50 lbs. lbs. employe	job is light if lout requires por Last Day	ess lifting is involved but ush/pull on arm or leg controls.  at Work  work? Yes No
Circle One  M - Media H - Heavy V - Very Heavy  Employee's Job Title What was the employ Description of major j	20 lbs. Ma significant um 50 lbs. Ma y 100 lbs. M Over 100 l	d.  ximum lifting with fr walking/standing is ximum lifting with fr aximum lifting with bs. Lifting with free  status on the first of e attach job descrip  Yes No	requent lift. done or if requent lift. frequent lift/ca	/carry up to /done mostly /carry up to /2 ft/carry up to arry over 50 / Parry over 50 / Parry over 50 / Pas the a) If yes b) If not	10 lbs. A / sitting b 25 lbs. 50 lbs. lbs. employe , when? , what is	Last Day the estimated	ess lifting is involved but ush/pull on arm or leg controls.  at Work  work? Yes No

Please notify us if the Employee returns to work after the submission of this form.

Section 3 – Attending Physician's	Staten	nent (Ans	swer all qu	uestions t	o avoid	d delay)				
Employer Name							Gro	up ID Number		
Name of Patient (Last, First, MI) - Please			Date	e of Birth						
Diagnoses						D-9 Code(s)				
Symptoms				Date symptom fir			first ap	peared		
Initial date of treatment: Last date of treat				Next date of treatment / office visit:				it:		
Is disability due to: Accident / Injury	Sid	ckness		Is the disability work related? Yes No						
If applicable, list the surgical procedure(s	) - Desc	cribe fully a	and provide	dates if any	у.					
If disability is due to Pregnancy, please	e provi	de the Inf	ormation b	elow.						
Date of Last Monthly Period	Е	Expected D	ate of Deliv	very		Expec	ted Typ	oe of Delivery		
						Vaginal Cesarean Section				
Actual Date of Delivery				Actual Ty	ype of Delivery					
				Vagir	al Cesarean Section					
If any of the Following questions are a	nswere	ed "Yes," t	then please	e provide t	he infor	mation to th	ne righ	t of that questi	on.	
Was the patient treated in an Emergency	Room?	Date trea	ated	Nan	ne of Ho	spital		Name of Physic	 cian	
Yes No										
Did another physician treat the patient?	Date trea	reated		Phys	ician's Name	and A	ddress			
Yes No										
Was the patient hospital confined?		Dates Co	onfined in H	lospital:	Name of Hospital					
Yes No From To										
Did patient have outpatient surgery in a hospital or Date of s				ırgery	Name	Name of Facility				
ambulatory surgical center? Yes Functional Limitations – Abilities	_ INO									
Indicate frequency per day the listed act	ivity car	n be	Indic	cate longes	st single	e time dura	tions e	each activity ca	an b	
performed.			perfo	ormed	-					
(n = never; o = occasional; $c = c$	onstant	)						R: Fi	nger	
Lifting Carrying			Sittir		k	Kneeling		Dexte	erity	
1 E lbo 1	E lba			I time				L: Fir		
1-5 lbs 1-	5 lbs.		on fe					Dexto		
6-10 lbs 6-10 lbs.		Standing		iding	[	nside		Shou	ılder	
11-25 lbs. 11-25 lbs.			Walking					L: Be Shou		eaching
11-23 lbs11	1-23 103	-	vvair	<u> </u>				R: Ab	/	
26-50 lbs 26	6-50 lbs		Bend	Bending		Outside			ılders	
51-100 lbs. 51	1-100 lb	ıs	Squatting			Norking with Others		L: Ab	ove J Ilders	
				Oqualling						
Over 100 lbs O	ver 100	lbs	Stoo	ping	(	Other (explai	n <u>`</u>			

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Mental Limitations – Abilities									
	Excellent	Good	Fair	Guarded					
Judgment / decision making									
Deal with work stresses									
Function independently									
Concentration / Attention span									
Emotional liability									
Caring for self / family									
Estimate overall prognosis									
The patient has been continuously	/ disabled (un	able to work) fro	om	to					
Is the patient able to work with job	modifications	? Yes	No						
The patient should be able to work full-time / part-time on ,or a specific date is unavailable, in 1 month, 1 to 3 months, 3 to 6 months, or Other (please specify)									
Remarks and/or treatment plan									
Name of the Attending Physician -	- Please Print		Specialty /	Degree(s)	Tax Identification Number				
Address (No., Street, City, State, 2	Zip)		(Area Cod	e) Telephone Number	(Area Code) Fax Number				
If necessary, whom can we contact at the attending physician's office for additional information?									
Name:			(Area Code	) Telephone Number:					
Signature of the Attending Physici	an				Date				

Please notify us if the Employee returns to work after the submission of this form.

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